Conjunctivitis

Conjunctivitis, or pink eye, is an inflammation of the eye's outer layer that causes redness, itching, and a gritty feeling. It can be caused by viral, bacterial, or allergic triggers and often gets better on its own in a week or two. Common symptoms include a sticky, crusty discharge and watery or gritty eyes, especially upon waking.

If we suspect a child has conjunctivitis, parents will be contacted and asked to collect them. They need to stay home and can return to nursery after 3 days of application of ointment.

To seek further advice, you can speak to your health visitor, a local pharmacist, or call NHS 111 for further guidance.